



Community leaders and yoga instructors will deliver inspirational speeches throughout the event. Professor Veena Howard from California State University, Fresno will be the keynote speaker for this event.

International Yoga Day, recognized by the United Nations on December 11, 2014, celebrates the contribution of this ancient practice to global health and well-being. David Y. Ige, former Governor of Hawaii passed ACT 102 on June 21, 2019, declaring June 21 of each year as Yoga Day in Hawaii, making Hawaii the first state in the US to celebrate Yoga Day. The annual observance takes place on June 21, the summer solstice, and longest day of the year in northern hemisphere.

The event is open to all ages and fitness level. Please bring a yoga mat to participate in Yoga Asanas (postures).

Free parking is available at Waikiki Shell. This event is open to all ages and fitness levels.

